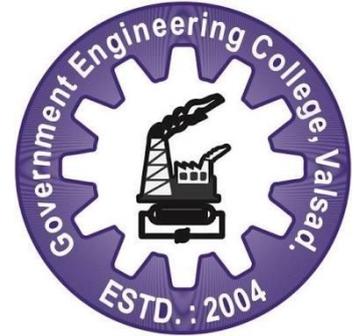


**GOVERNMENT ENGINEERING COLLEGE, VALSAD
MECHANICAL ENGINEERING DEPARTMENT**



A Report

**Motivational Seminar
For SC ST Students**

By

Mr Gaurang Patel

Organised by

SC ST Cell GEC Valsad

RUSA Cell GEC Valsad

Under RUSA Scheme

Component 9 Equity Initiative

❖ Event Details

❖ **Name of Seminar:** POWER OF GOALS

❖ **Name of the speaker:**Mr.Gaurang Patel

❖ **Date of Seminar:**15-02-2020

❖ **Number of Participants:** 40students + 10 Faculties

❖ **Objectives of Seminar:**

- To understand the importance of the goals in life.
- To Learn the perspective of life to achieve the goal.

❖ **Outcome of Seminar:**

Students will be able to;

- Self-Evaluate to decide priority or to give importance to things which will shape their personal and professional life.
- Use tools and techniques delivered during session to pursue their life goals.

❖ **Event description:**

Mr.Gaurang Patel,Motivational Speaker was welcomed By honorable Dr.V.S.Purani, Principle Government Engineering College, Valsad. Further principle sir gave us brief explanation about the seminar and also discussed about various activities being held in college for the students.

The presenter himself is a source of motivation to students gave encouraging examples from his own life and inspired students. He discussed about various perspective of life to change the mind set towards the goals like respect yourself, celebrate the small achievement, have some gratitude etc.. He discussed the important of goals in life which brings optimism into life and such constructive changes can make once life brighter and successful. Some of the Motivational Quotes makes an impact into life are as follows;

“A life without goal is like a sailor without boat”

“If you fail to plan, you plan to fail.”

Further the participants were performed small activity like they were asked to write their own 3 goals in life and at the end of seminar students gave the feedback to the respected sir and also thanking him for the fruitful session.

Further speaker also discussed about various tools and techniques, like time management, saying no, eliminating electronic time waster things etc, to take control of your schedule each day to make the most of the time you have available. At the end of the session student's feedback were also taken orally as well as in hard form also.

Glimpses of Seminar



